

ITINERARY · NORTHWEST ILLINOIS

HALF DAY STERLING-ROCK FALLS FOOD & ART TOUR

Start with breakfast at a local café, then stroll among riverfront art and sculptures with views of the Rock River. Finish the day with dinner at an upscale restaurant before settling in for a swim and an overnight stay at Holiday Inn Express.



Halfday Sterling Rock Falls F

Half Day HOW LONG	4 STOPS	Whiteside County COUNTY
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OPEN ONLINE

Open the live itinerary
visitnwillinois.com/itineraries/half-day-sterling-rock-falls-fo...

DAY 1

THE TRIP

Start with something sweet, follow the Rock River past sculptures and public art, then sit down to a generous dinner in Rock Falls. A river-view room makes an easy encore.

DRIVING ROUTE

Open this day in Google Maps
www.google.com/maps/dir/?api=1&origin=Rock+...



4 PLANNED STOPS

1

SCENIC STOP

Sophie's Cafe

Rock Falls

WHY IT BELONGS

Although I had already had my grand breakfast at the hotel I still had to see this local cafe, which is largely known for its huge drinks selection and breakfast. Unfortunately, I was too full to order a proper meal, but their hash skillet looked really great. I had spinach and feta croissant with taro bubble tea and was not disappointed. With their full breakfast menu, they also offer lunch and tons of different types of drinks that go beyond coffee!

Pro tip: Bubble tea

Address: 1204 W Rock Falls Rd, Rock Falls, IL

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2



OUTDOOR RECREATION

RB&W District Park

Rock Falls

WHY IT BELONGS

With an amazing view of the river and a pretty bridge, I had a wonderful walk on the trail while enjoying looking at some great art pieces and sculptures. This is also a great spot for photography and picnics and of course, you can bring your furry friends for maximum fun. An interesting fact is that each September, Rock Falls celebrates the changing of the sculptures with a gala event of great music, and gorgeous, thought-provoking art.

Pro tip: Take a walk down the pathway

Address: 201 E 2nd St, Rock Falls, IL

[VIEW THIS PLACE](#)

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Rock Falls



3

FOOD & DRINK

The Industrial

Rock Falls

WHY IT BELONGS

Probably the best food I ever had on the trip, this upscale restaurant has more to offer than I imagined. With a great selection of handcrafted spirits including wine and fancy decor, this place was just perfect for ending the day. I had a Mojito and wagyu burger with some great cuts of fresh fries and totally loved it!

Pro tip: Go on an empty stomach. The portions are huge, and they all come with free bread.

Address: 205 E 3rd St, Rock Falls, IL

[VIEW THIS PLACE](#) [OPEN IN MAPS](#)

Rock Falls



4

SCENIC STOP

Holiday Inn Express & Suites Rock Falls, an IHG Hotel

Rock Falls

WHY IT BELONGS

I checked into Holiday Inn and totally enjoyed my stay at the place. The service was great, they had pretty Christmas decor up, and free coffee and drinks were always available in their lobby, and of course full free buffet breakfast. However, what I loved the most was the balcony from my room, and the view of the river was immaculate!

Pro tip: Ask for a room with a river view.

Address: 301 E 2nd St, Rock Falls, IL

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